# Lipid bilayer adhesion on sparse DNA carpets: Theoretical analysis of membrane deformations induced by single-end-grafted polymers

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We consider a single-end-grafted polymer chain covered by a membrane in contact with a flat and rigid surface in the context of supported membrane adhesion on surfaces carrying dilute polymer brushes. The fluid membrane adheres to the surface due to attractive interactions; the presence of a macromolecule locally hinders the membrane-surface contact and creates a protuberant membrane bulge. We study both the size and elevation of such membrane deformations as a function of curvature modulus, surface tension, adhesion energy, and chain size. Scaling results are derived, valid for both ideal and nonideal chain statistics, leading to complex diagrams of states depending on curvature modulus, tension, and adhesion values. We also compute quantitatively the membrane deformation profile for shallow bulges and make predictions for realistic systems involving DNA grafted chains covered by lipid membranes.

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# I. INTRODUCTION

Fluid bilayers self-assemble from phospholipid solutions as molecularly thin membranes of roughly 5 nm, building in the living realm the walls of cells and cellular organelles [1]. Phospholipid vesicles and liposomes can also be assembled from aqueous solutions providing simple models to understand cell and cell membrane behavior: adhesion and fusion, mechanical resistance, and transport properties. In this context giant unilamellar vesicles (GUVs) are of particular interest: they can be conveniently prepared by electroformation, with sizes up to 100  $\mu$ m, and studied by several optical microscopy and micromanipulation methods.

Fluid membranes are often exposed to interactions with other macromolecular species [2-9]. In formulations for detergency, pharmaceuticals, or cosmetics, polymers are added for performance, processing, conditioning, or delivery [10]. A number of formulations based on advanced polymer decorated membranes have been proposed in the emerging context of drug vectorization, encapsulation, and targeting [11,12], interesting examples being, for instance, those made from a mixture of polyethylene glycol (PEG) lipids and phospholipids [13]. In living organisms the walls of cells and cellular organelles host many large proteins and other biopolymers responsible for the mechanical coupling of the membrane with the cytoskeleton, providing coating protection or engaging in fusion or adhesion events [14,15]. The quantitative description of these geometries involving membranes, polymers, and interfaces requires considering situations of strong polymer confinement similar to the one that we discuss in this paper.

Understanding the interactions between a polymer chain and a fluid membrane is thus not only of a clear practical importance but also poses fascinating questions for the statistical physicist of the soft nanosciences. The physics of simple fluid bilayers and of polymer chains is now well understood. Following seminal work by Helfrich [16], who first recognized the importance of the membrane bending elasticity, and by Edwards and de Gennes, who developed the statistical physics tools to deal with chain connectivity, extensive theoretical and experimental studies in polymers and membranes contributed to the writing of one of the finest chapters in modern statistical physics [17,18]. But the entropic nature of the interactions between these two classes of soft nanomaterials is still to be understood [19].

In the quest of directly measuring the interactions between a fluid bilayer and a single polymer chain, Hisette et al. [20] recently studied the adhesion of giant unilamellar vesicles on surfaces coated with a carpet of sparsely end-grafted DNAs. The dimensions of the GUVs and of the  $\lambda$ -phage DNA allowed optical imaging of both the membrane deformations and the DNA average configurations. In a number of cases, spreading of the vesicle adhesion patch, which mostly scrapes and staples the end-grafted DNA chains, also leads to a bulge configuration [21] whereby a DNA chain is confined between the solid substrate and the deformed enveloping fluid bilayer, as sketched in Fig. 1. The experiments allow one to measure the lateral DNA segment distribution by fluorescence microscopy and the full membrane deformation profile by reflection interference contrast microscopy, a technique that provides values for the membrane profile with lateral resolution of a fraction of a micrometer and vertical resolution of the order of a few nanometers.

Inspired by the experimental results of Hisette *et al.* [20], we study theoretically the polymer confinement and the membrane deformation corresponding to the experimental geometry depicted in Fig. 1. Section II sets the theoretical frame where the polymer membranes interactions will be described: relevant parameters, assumptions, and the different physical contributions to the free energy of the system. In Sec. III we perform a scaling analysis of the different possible confinement states of the polymer and deformation states of the membrane. This allows us to identify the key parameter combinations, expressed as dimensionless numbers, that govern the system behavior and to pictorially describe the relevant regimes as regions of "state diagrams" built from such numbers. Section IV outlines a self-consistent determination of the membrane shape for confinement under moderate adhesion, most relevant for experiments. Predictions

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FIG. 1. (Color online) The geometry of polymer-membrane interactions discussed in this paper: a single polymer is end-grafted to a solid substrate and confined between the wall and a fluid membrane. The membrane is homogeneously adhered to the substrate except for the bulge of lateral size L and height D induced by the polymer repulsive forces. These forces result in a deformation profile h(r) that can be exactly computed from polymer theory and the mechanics of fluid membranes.

are given for grafted  $\lambda$ -phage DNAs covered by phospholipid membranes. In the Conclusion we summarize the results presented in this paper. Four technical appendices show how nonideal chain considerations enter into the picture, how to compute the pressure applied by the polymer on the membrane, how to compute the mechanical response and deformation of an adhered membrane to a localized or distributed stress field, and how the quantitative approach compares with scaling arguments. A collection of predicted quantitative profiles and bulge sizes is provided as supplemental material [42].

#### **II. PARAMETERIZATION AND MODEL FREE ENERGY**

# A. Statement of the problem

We consider a single polymer chain, grafted on a flat, rigid surface and covered by a membrane, while, at a distance from the chain, nonspecific adhesive interactions maintain a close contact between the membrane and the surface. Figure 1 illustrates the situation.

Our goal is to predict and describe the relative conformations of the distorted membrane and the squeezed chain underneath. Squeezed chain conformations are relevant to a number of situations, such as dilute polymer brushes under compression, or for the so-called *escape transition*, which predicts the conformational change of a single chain confined by a rigid piston [22,23]. In our problem, although there is no room for escape, we do not anticipate any sharp conformational change of the chain, but a progressive compaction under a bulge deformation of the membrane, with size inversely related to the confining forces.

For moderate confining forces, the chain remains in a coiled, or *mushroom*, conformation that preserves the rotation invariance of the system. A local elevation of the membrane right above the grafted chain must be observed, which we call *bulge*, while the membrane remains closely supported by the substrate at distance from the grafting point. The geometric shape of the membrane deformation results from the competition between repulsive forces pushing the membrane away from the substrate and adhesion and mechanical forces keeping the membrane close to the surface. Adhesion drives the maximum possible amount of the membrane into close contact with the substrate, anchoring the membrane and providing a support for the action of membrane forces related to the bending elastic energy and to the membrane tension. The *osmotic* pressure associated with the confined polymer is the main repulsive force pushing the membrane away from the surface and thus stabilizing the bulge deformation as depicted in Fig. 1.

A successful scaling description of bulge conformations requires two characteristic lengths. The first one is the height D, measuring the spatial separation between the top of the bulge and the surface. The second one corresponds to the radius L of the circular rim where the membrane comes into contact with the substrate. In addition, one is interested in the total energetic cost  $\mathcal{F}$  associated with both membrane deformation and polymer confinement. We argue on general grounds that D cannot exceed the range of the (only) repulsive force, i.e., the gyration radius  $R_g$  of the end-grafted chain. Based on the ratio D/L, we further distinguish *shallow bulges*, characterized by  $D/L \ll 1$ , from *balloon bulges*, for which  $D \sim L$ , as depicted in Fig. 2(b). Balloon bulges may correspond to a combination of strong adhesion, weak curvature modulus, and surface tension.

In what follows, we treat the membrane as a nonfluctuating, athermal, mechanical object. Our model membrane has



FIG. 2. (Color online) Three possible geometries for a singleend-grafted polymer chain confined between a lipid bilayer and the grafting substrate: (a) shallow bulge, (b) balloon bulge, and (c) punctured membrane.

negligible thickness, finite bending, and compressibility moduli and no elastic shear modulus. Such a *smectic* liquid crystalline state is observed, for instance, in self-assembled amphiphilic lamellar phases, such as unilamellar giant phospholipid vesicles or supported membranes at room temperature. The polymer is treated as a fluctuating chain, grafted by one end on a perfectly flat substrate, with a suitable surface preparation preventing the polymer from adsorbing onto it. The chain is assumed to be flexible and long enough to adopt the so-called *mushroom* conformation, accurately described by well-established polymer theory.

# B. A configurational free energy for membrane-polymer interactions

The equilibrium conformation is driven by free-energy minimization. For the geometry described here the free energy is a sum of four contributions.

#### 1. Curvature

The first one is a Helfrich curvature term characterizing the membrane shape deformation. Taking a flat membrane as a reference state, the curvature term reads  $\mathcal{F}_{curv} = \kappa \int d\Sigma C^2/2$ , where  $d\Sigma$  is the surface integration element and C denotes the mean curvature of the surface. The topological term associated with Gaussian curvature does not contribute to energy variations since we consider only membrane deformations with fixed topology. The membrane is flat far from the chain, and it is assumed that C remains small compared with the inverse membrane thickness, legitimating the quadratic approximation.

#### 2. Surface tension and adhesion energy

We group together two closely related terms: a surface free-energy term proportional to the total area  $\mathcal{A} = \int d\Sigma$ of the membrane and a nonspecific adhesion contribution proportional to the area of substrate free from any membrane close contact. If one considers a patch of membrane with total area  $\mathcal{A}_0$ , a general expression of the surface related free-energy contributions is given by

$$\mathcal{F}_{\text{surf}} = \gamma \Delta \mathcal{A} + w \mathcal{A}',\tag{1}$$

with  $\Delta A$  being the area difference between the actual conformation and the reference state and A' being the projected area of the nonadhered part of the membrane onto the substrate or, equivalently, the amount of substrate area free from membrane adhesion. This expression can be defined on a more rigorous mathematical footing by defining a typical adhesion length scale threshold  $\zeta_w$  and introducing an elevation z between membrane and substrate. The surface terms then read

$$\mathcal{F}_{\text{surf}} = \gamma \int [d\Sigma - d\Sigma'] + w \int d\Sigma' H(z - \zeta_w), \quad (2)$$

with  $d\Sigma$  being the true surface integration element,  $d\Sigma'$  being the corresponding projected area onto the substrate, and Hbeing the Heaviside function.  $\gamma$  describes the cost of increasing the total area, either by tapping into a surface reservoir or by stretching the membrane and reducing its surface mass, while w is related to the nonspecific short range interactions of the membrane with the substrate, e.g., accounting for van der Waals attraction, hydration forces, or electrostatic interactions with the supporting material [24]. The parameters  $\gamma$ ,  $\kappa$ , and w describe entirely the physical properties of the membrane-surface pair [25].

#### 3. Chain confinement

A last term,  $\mathcal{F}_{chain}$ , accounts for the repulsive force exerted by a confined polymer chain. For ideal chains, its expression is obtained by solving the diffusion (Edwards) equation first, prior to the calculation of the partition function and the related free energy [18,26,27]. Approximated expressions can be obtained, based on scaling arguments, for both ideal and self-avoiding chains, and both cases involve the ratio of a typical confinement length scale *D* over the gyration radius  $R_g$  of the chain:  $\mathcal{F}_{chain} = T f_{chain} (D/R_g)$ . Scaling forms are  $\mathcal{F}_{chain} \sim T(D/R_g)^{-1/\nu}$ , with Flory exponent  $\nu \simeq 3/5$ , for isotropically confined chains in the presence of excluded volume (good solvent).

The resulting total free energy reduces to a sum of four integrals running only on the parts of the membrane that are not in close contact with the substrate:

$$\mathcal{F} = \gamma \int' [d\Sigma - d\Sigma'] + w \int' d\Sigma' + \frac{\kappa}{2} \int' d\Sigma C^2 + T f_{\text{chain}} \left(\frac{R_d}{D}\right), \qquad (3)$$

where  $\int'$  runs over the unadhered part of the membrane,  $d\Sigma$  is the real membrane-surface area, and  $d\Sigma'$  is the horizontally projected area. Equation (3) is the starting point of the present study.

# 4. A model with three independent parameters and two natural length scales

To sum up, the above free-energy model depends on four explicit parameters. Two of them, the bending modulus  $\kappa$  and the tension  $\gamma$ , are associated with the membrane. The adhesion parameter w characterizes membrane-surface interactions, and the effect of the polymer chain is entirely described by the gyration radius  $R_g$ . The relative importance of curvature elasticity with respect to membrane tension is determined by the characteristic length  $\xi = \sqrt{\kappa/\gamma}$ : at length scales smaller than  $\xi$  curvature elasticity phenomena dominate, while tension rules deformations at length scales larger than  $\xi$ . The membrane shape close to the adhesive surface needs to obey the balance of elastic and adhesive torques and is therefore governed by the characteristic length scale  $\xi_w = \sqrt{\kappa/w}$  [28]. If one chooses T as the natural energy scale, with Boltzmann constant  $k_B = 1$ , and  $R_g$  as the natural length scale, the three remaining independent parameters  $\kappa$ ,  $\gamma$ , and w can be rendered dimensionless by combinations of T and  $R_g$ :  $\overline{\kappa} = \kappa/T$ ,  $\overline{\gamma} = \gamma R_{g}^{2}/T$ , and  $\overline{w} = w R_{g}^{2}/T$ . The most general solution of such a polymer-membrane-substrate system depends thus on three independent dimensionless parameters,  $\overline{\kappa}$ ,  $\overline{\gamma}$ , and  $\overline{w}$ , and on the two length scales,  $\xi$  and  $\xi_w$ , that emerge from them.

#### **III. SCALING RESULTS**

#### A. Scaling approach to shallow bulges

In establishing the scaling results, it is convenient to pick up *T* and  $R_g$  as the energy and length scales, respectively. As explained above, all the physical quantities can be expressed with prefactors *T* or  $R_g$  and combinations of the three other dimensionless parameters  $\overline{\kappa} = \kappa/T$ ,  $\overline{w} = wR_g^2/T$ , and  $\overline{\gamma} = \gamma R_g^2/T$ . We search for the scaling behaviors of the shallow bulge [see Fig. 2(a)] elevation *D*, radius *L*, and free energy  $\mathcal{F}$ . Using the Monge approximation that holds for small gradient deformations of the membrane and assuming ideal chain scaling for the polymer, estimates of the free-energy contributions are  $\gamma \int [d\Sigma - d\Sigma'] = \gamma D^2$ ,  $\kappa \int d\Sigma C^2 = \kappa D^2/L^2$ ,  $w \int d\Sigma' = wL^2$ , and  $\mathcal{F}_{chain} = T R_g^2/D^2$ . The total energy can thus be described as

$$\mathcal{F} = \kappa \left(\frac{D}{L}\right)^2 + wL^2 + \gamma D^2 + T \left(\frac{R_g}{D}\right)^2,$$

or in a dimensionless form as

$$\frac{\mathcal{F}}{T} = \overline{\kappa} \left(\frac{D}{L}\right)^2 + \overline{w} \left(\frac{L}{R_g}\right)^2 + \overline{\gamma} \left(\frac{D}{R_g}\right)^2 + \left(\frac{R_g}{D}\right)^2, \quad (4)$$

valid within the two geometric restrictions:  $D/L \leq 1$  (shallowness) and  $D \leq R_g$  (finite range of the repulsive force). Minimizing this expression with respect to *D* and *L* gives

$$\left(\frac{\kappa}{L^2} + \gamma\right)D - \frac{TR_g^2}{D^3} = 0;$$

$$\kappa \frac{D^2}{L^3} - wL = 0.$$
(5)

#### 1. Weak surface tension

In a regime of weak surface tension ( $\overline{\gamma} \simeq 0$ ) this shape is dominated by the curvature term, and we obtain the following scaling laws:

$$L \simeq R_g \overline{\kappa}^{1/6} \overline{w}^{-1/3},$$
  

$$D \simeq R_g (\overline{\kappa} \overline{w})^{-1/6},$$
  

$$D/L \simeq \overline{\kappa}^{-1/3} \overline{w}^{1/6},$$
  

$$\mathcal{F} \simeq T (\overline{\kappa} \overline{w})^{1/3}.$$
  
(6)

valid while the surface tension  $\gamma$  remains lower than a typical value,

$$\overline{\gamma} \leqslant \overline{\kappa}^{2/3} \overline{w}^{2/3},\tag{7}$$

and consistent with the requirement  $\gamma \leq \kappa/L^2$ .

# 2. Strong surface tension

In the opposite limit  $\gamma \ge \kappa/L^2$ , it is appropriate to neglect curvature in front of surface tension. The scaling form of the surface tension contribution must incorporate a logarithmic correction factor. This can be checked, for instance, in the exact case of a membrane pulled from its center, corresponding to a logarithmic elevation profile  $h(r) \sim \ln(L/r)$ . As a result,

$$\frac{\mathcal{F}}{T} = \left[\overline{w} \left(\frac{L}{R_g}\right)^2 + \overline{\gamma} \frac{D^2}{R_g^2 \ln(L/r_0)} + \left(\frac{R_g}{D}\right)^2\right], \quad (8)$$

where  $r_0$  is a characteristic length that in most cases may be identified to  $\xi = \sqrt{\kappa/\gamma}$ .

The scaling properties of the bubble are modified:

$$D \simeq R_g \overline{\gamma}^{-1/4},$$

$$L \simeq R_g \overline{\gamma}^{1/4} \overline{w}^{-1/2},$$

$$D/L \simeq \overline{\gamma}^{-1/2} \overline{w}^{1/2},$$

$$\mathcal{F} \simeq T \overline{\gamma}^{1/2},$$
(9)

where logarithmic terms have been omitted. It is possible to improve upon these scaling results by introducing a realistic pressure profile around the grafting point of the chain and by computing self-consistently the shape of the deformation; Sec. IV presents the details of such a procedure. This allows us to go beyond the scaling arguments to challenge them and to describe the geometric shape of these bubbles.

Our predictions (6) and (9) were successfully compared with numerical profiles, supporting our scaling assumptions in both curvature and tension dominated regimes (Appendix D). We recall that these results hold for confining shallow bulges, i.e., when the bulge thickness is smaller than the chain size  $D \leq R_g$  and for bulge lateral sizes larger than bulge thickness  $D/L \leq 1$ .

#### B. Scaling of balloon bulges

In the opposite situation where  $D \sim L$ , we may speculate on the existence of a balloon shaped configuration, with an isotropically confined chain surrounded by a vesicle-like membrane, as depicted in Fig. 2(b). The length L is now associated to the "pore" in the confining membrane while a bubble of lateral size D surrounds the chain. In the making of the mushroom conformation, the quadratic curvature energy plays only a role at the contact point between the membrane and the surface where the local curvature is given by  $\xi_w$ . The determination of the final shape is left entirely to the adhesive and surface tension energies, which must balance the osmotic pressure of the chain. In this situation, the surface tension is dominated by the area of the spherical bubble and scales like  $\gamma D^2$ , while the adhesive energy, controlled by the membrane-free surface patch scales like  $wL^2$ . This leads to

$$\frac{\mathcal{F}}{T} = \overline{\kappa} + \overline{w} \frac{L^2}{R_g^2} + \overline{\gamma} \frac{D^2}{R_g^2} + \frac{R_g^2}{D^2} \,. \tag{10}$$

The lateral size D results primarily from the competition between osmotic pressure and surface tension, leading to

$$D \simeq R_g \overline{\gamma}^{-1/4},$$

$$L = 0.$$
(11)

The patch size *L* has to accommodate for the effect of the adhesive energy and for a geometric matching condition with the large bubble. It is undetermined by the present scaling argument but can be estimated as  $L \simeq \xi_w$  by recognizing that (i) small length scales are dominated by the curvature modulus rather than by the surface tension and (ii) curvature and adhesive torques must balance at the membrane-surface contact point [28]. Assuming such a value for *L* leads to a total

free energy

$$\frac{\mathcal{F}}{T} = \overline{\kappa} + \overline{\gamma}^{1/2} , \qquad (12)$$

where curvature and adhesion terms give  $\overline{\kappa}T$  and surface tension and chain confinement give  $\overline{\gamma}T$ .

At the scaling level, mushroom shaped bubbles are dominated by surface tension if  $\overline{\gamma}^{1/2} \gg \overline{\kappa}$ , leading to

$$D \simeq R_g \overline{\gamma}^{-1/4},$$

$$L \simeq R_g \overline{\kappa}^{1/2} \overline{w}^{-1/2},$$

$$D/L \simeq \overline{\gamma}^{-1/4} \overline{\kappa}^{-1/2} \overline{w}^{1/2},$$

$$\mathcal{F} \simeq T \overline{\gamma}^{1/2},$$
(13)

or are dominated by curvature if  $\overline{\gamma}^{1/2} \ll \overline{\kappa}$ , leading to

$$D \simeq R_g,$$

$$L \simeq R_g \overline{\kappa}^{1/2} \overline{w}^{-1/2},$$

$$D/L \simeq \overline{\kappa}^{-1/2} \overline{w}^{1/2},$$

$$\mathcal{F} \simeq T \overline{\kappa},$$
(14)

while the above analysis is restricted to  $D/L \ge 1$ , i.e., to balloon bulges.

In the absence of surface tension, curvature alone cannot fix the lateral size D and is unable to compete with the osmotic pressure of the chain. However, the curvature term imposes a continuity condition on the shape of the membrane. Acting together, the geometric matching condition and the adhesive energy control the extension of L. If the adhesion energy is strong, one expects the patch size L to get close to its smallest possible value, e.g., the width of the membrane, a few nanometers in the case of phospholipid bilayers.

In order to have a synthetic perspective of the different configurations adopted by our membrane-polymer system as a function of the relative importance of the tension, adhesion, and curvature reduced parameters, it is convenient to draw a state diagram, which we discuss in the following paragraph.

#### C. State diagram for end-grafted Gaussian polymers confined under a supported bilayer

We recall that the membrane tension  $\gamma$ , curvature modulus  $\kappa$ , and adhesion energy w can be conveniently renormalized by introducing the associated dimensionless quantities  $\overline{\kappa} = \kappa/T$ ,  $\overline{w} = wR_g^2/T$ , and  $\overline{\gamma} = \gamma R_g^2/T$ . As we have seen above, for a given set of parameters, there is a preferred conformation minimizing the free energy, with equilibrium values for the patch radius L and the height D. Comparison of the relative values of D and L, comparison of D to the chain radius of gyration  $R_g$ , and comparison of the relative importance of tension and curvature energy terms lead to the state diagram presented in Fig. 3. We draw the diagram by assuming that the tension is high  $\overline{\gamma} > 1$ , with little loss of generality, as we will see below.

The first important feature in the state diagram is the curve of the equation  $\overline{w\kappa} = \overline{\gamma}^{3/2}$ , a line of slope of -1 in logarithmic coordinates, cutting the  $\ln \overline{\kappa} = 0$  axis at  $\ln \overline{w} = 3/2 \ln \overline{\gamma}$ . This



FIG. 3. (Color online) State diagram of the different bulge regimes for an ideal chain (see text) in logarithmic axes. The horizontal axis is the dimensionless curvature  $\overline{\kappa}$ , and the vertical axis is the adhesion parameter  $\overline{w}$ .

line, shown as line I in Fig. 3, divides the parameter space into two regions for adhesion strengths  $\overline{w} < \overline{\gamma}$ . Above the line, the elastic curvature energy dominates,  $L < \xi$ , while below the line, curvature elasticity is irrelevant and the energy is dominated by membrane tension,  $L > \xi$ . On the line  $L = \xi$ .

The second important feature is the curve  $\overline{w} = \overline{\kappa}^2$  defined by the ratio D/L separating shallow bulges  $(D \leq L, \overline{w} \ll \overline{\kappa}^2)$ and balloon bubbles  $(L \leq D, \overline{w} \gg \overline{\kappa}^2)$  in the domain above line I where curvature energy dominates. In the state diagram in Fig. 3, this line with a slope of 2, shown as line II, where  $L = D = \xi_w$ , intersects the line  $\ln \overline{w} = 3/2 \ln \overline{\gamma} - \ln \overline{\kappa}$ at the point  $(\ln \overline{\kappa} = 1/2 \ln \overline{\gamma}, \ln \overline{w} = \ln \overline{\gamma})$ . This is also the point of intersection of the third important curve in the diagram, separating the balloon and the shallow bulge regimes in the domain below line I where membrane tension dominates. This feature is defined by  $\overline{w} = \overline{\gamma}$  or, equivalently, by the horizontal line  $(\ln \overline{w} = \ln \overline{\gamma})$ , which is line IV in Fig. 3.

One can thus identify four regions in the state diagram. For all four regions, under the assumption that the membrane tension is large enough,  $\overline{\gamma} > 1$ , the polymer chain is always confined, i.e.,  $D \leq R_g$ . Region A corresponds thus to confined chains ( $D \leq R_g$ ) in shallow bulges ( $D \leq L$ ). Here the thickness and patch size depend both on curvature elasticity and adhesion strength but are independent of tension,  $D \simeq$  $R_g(\overline{\kappa w})^{-1/6}$  and  $L \simeq R_g \overline{\kappa}^{1/6} \overline{w}^{-1/3}$ . Region B hosts confined chains ( $D \leq R_g$ ) in balloon bulges ( $L \ll D$ ). In this region, membrane tension is also negligible, and the equilibrium D and L values are independent of  $\overline{\gamma}$ ,  $D \simeq R_g \overline{\kappa}^{-1/2}$  and  $L = R_g \overline{\kappa}^{1/2} \overline{w}^{-1/2} = \xi_w$ . By crossing line III into region C, the size of the balloon bulges becomes dependent on membrane tension,  $D \simeq R_g \overline{\gamma}^{-1/4}$ , but the size of the patch *L* is still governed by the usual boundary condition balancing adhesion forces and curvature torque that defines the bulge neck size as  $L = \xi_w$ . This neck starts to open up at  $\overline{w} = 2\overline{\gamma}$  close to line IV, defined by  $\overline{w} = \overline{\gamma}$ , which one crosses into region D, a shallow bulge region controlled by membrane tension, where  $D \simeq$  $R_g \overline{\gamma}^{-1/4}$  and the bulge size is given by  $L \simeq R_g \overline{\gamma}^{1/4} \overline{w}^{-1/2}$ .

Also shown in Fig. 3, the dashed lines indicate the crossover from laterally unconfined states of the chain below the lines to laterally confined chains. Note that for the Gaussian chain considered here, these lines do not imply any changes in the relative importance of the different terms contributing to the energy. Note also that the minimum value  $\overline{\gamma}$  that line IV can assume corresponds to  $\overline{\gamma} = 1$ . For smaller values of  $\overline{\gamma}$  the line vanishes from the diagram, with line I fixed for  $\overline{\gamma} < 1$  at the value  $\ln \overline{w} = -\ln \overline{\kappa}$ . The conclusions discussed above still hold, with the exception that in regions C and D, which now merge into a single region, the value of the height D is kept at the constant value  $D \simeq R_g$ : the membrane tension in this case,  $\overline{\gamma} < 1$ , is not large enough to confine the polymer chain.

For a given value of the membrane tension, the variation of the bulge height D and size L can be displayed either at constant adhesion strength  $\overline{w}$  as a function of the elastic modulus  $\overline{\kappa}$  or at constant  $\overline{\kappa}$  as a function of  $\overline{w}$ . We chose the second possibility in Fig. 4. Given the structure of the state diagram in Fig. 3, two cases need to be considered. The first corresponds to weak elastic constants  $\overline{\kappa} < \overline{\gamma}^{1/2}$ , displayed in Fig. 4(a). Figure 4(a) shows that the bulge height D is independent of the adhesion strength and that the patch size Ldecreases continuously except at  $\overline{w} \sim \overline{\gamma}$  where the so-called kissing transition [29,30] occurs. There the neck size decreases from a finite value to  $L \sim \xi_w$  within a narrow range  $\overline{\gamma} < \overline{w} <$  $2\overline{\gamma}$ . For the stronger elastic constants  $\overline{\kappa} > \overline{\gamma}^{1/2}$ , both D and L shown in Fig. 4(b) decrease continuously as the adhesion strength increases.

#### D. Excluded volume and semiflexible chains

# 1. Excluded volume

The scaling treatment of nonideal chains, especially chains swollen by excluded volume, leads to a different balance between the terms contributing to the equilibrium states of the deformed membrane and of the confined polymer chain. This results in a somewhat richer state diagram than the one presented in the previous paragraph for the Gaussian chain. We describe these differences in Appendix A, where we also present a modified state diagram valid for end-grafted polymer chains in good solvent conditions.

#### 2. Semiflexible chains

Polymers and biopolymers with persistence length  $\ell_p$  much larger than the monomer size are common. Without interactions between monomers, they behave as Gaussian chains on length scales larger than  $\ell_p$ . In three dimensions, excluded volume interactions leading to self-avoiding walk (SAW) behavior only become important for long enough chains. The length scale where chain behavior crosses over from Gaussian to SAW can be estimated from a mean field Flory approach [31–33]. Given a monomer size *a* that serves



FIG. 4. (Color online) Variation of the bulge height D and size L as a function of the adhesion strength  $\overline{w}$  in a logarithmic representation. (a) Weak bending rigidities,  $\overline{\kappa} < \overline{\gamma}^{1/2}$ . (b) Strong bending rigidities,  $\overline{\kappa} > \overline{\gamma}^{1/2}$ . See also Fig. 3.

as an estimate of the van der Waals exclusion diameter for the chain, excluded volume interactions become relevant when the dimensionless combination  $z = N(a/\ell_p)^3$  becomes larger than unity [31]. Therefore, excluded volume corrections in a chain of length Na, with  $n = Na/\ell_p$  persistence lengths, become relevant only for  $n \gg (\ell_p/a)^2$ , and polymer chains of radius  $R^{(3d)}$  are expected to follow Gaussian statistics  $R^{(3d)} \sim N^{1/2}a(\ell_p/a)^{1/2}$  for  $\ell_p \ll R^{(3d)} \ll \ell_p(\ell_p/a)$  and SAW statistics  $R^{(3d)} \sim N^{3/5}a(\ell_p/a)^{1/5}$  for  $R^{(3d)} \gg \ell_p(\ell_p/a)$ .

In two dimensions the effect of excluded volume is much stronger, resulting in full swollen chains for all flexible polymer lengths, the two-dimensional chain size being given by  $R^{(2d)} \sim N^{3/4} a (\ell_p / a)^{1/4}$  for any flexible chain  $R^{(2d)} \gg \ell_p$ .

A full swollen chain in three dimensions will cross over, as a function of confinement distance *D* between its three-dimensional and its two-dimensional radii, according to the scaling law  $R(D) = R^{(3d)}(R^{(3d)}/D)^{1/4}$ . Confinement will increase the effect of excluded volume, thus reducing the range over which the chain displays Gaussian statistics by a *D*-dependent factor,  $\ell_p \ll R^{(3d)} \ll \ell_p (D/a)^{1/2}$ , a range that vanishes as stated above for full confinement  $D \sim a$ .

The full analysis of the confinement of a semiflexible chain under an adhered membrane would thus require a combination of the results obtained for Gaussian chains with the results presented in Appendix A, accounting for the possible changes from Gaussian to SAW statistics as confinement increases. Such refinements are beyond the scope of this paper, where we rather develop in Sec. IV a self-consistent approach for quantitatively determining the shape of the confining membrane in shallow bulges.

#### E. Other conformations

# 1. Fully confined polymer conformations

Purely two-dimensional polymer conformation may result from strong membrane adhesion conditions. The chain confinement term  $\mathcal{F}_{chain}$ , either reduced to a scaling estimate or derived in the more formal way given in Sec. IV, cannot account for confinement sizes D,L smaller than a characteristic length  $\ell_p$  of the size of the persistence length of the chain. In such strong confinement cases, one cannot accurately describe the state of the chain without extra knowledge of its microscopic structure. We adopt here the pragmatic view that situations with  $D \leq \ell_p$  should be considered as *fully confined polymer conformations*, without presuming any actual significant change in the chain behavior.

In the curvature dominated regime, full confinement is achieved by  $\overline{\kappa w} \ge (R_g/\ell_p)^6$ . In the tension dominated regime, it is defined by  $\overline{\gamma} \ge (R_g/\ell_p)^4$ .

Similar considerations apply to the membrane thickness  $\ell_m$  that limit the use of the Helfrich elasticity contribution to deformations obeying  $D, L \gg \ell_m$ .

#### 2. Anisotropic conformations

We found no evidence that anisotropic bulge conformations could be thermodynamically favored. Membrane deformations that do not preserve rotational invariance seem disfavored in terms of contact area and confining volume.

However, anisotropic, stretched chain conformations are experimentally observed in the presence of strong, irreversible membrane pinning [20]. Such states can be seen as metastable, dynamically trapped conformations.

#### 3. Pore formation

As a last possibility, the chain might punch a pore and diffuse across the membrane, resulting in a flat membrane and a freely fluctuating grafted chain; see Fig. 2(c). This case is certainly the most thermodynamically favorable from the point of view of the energy contributions considered so far, as both polymer and membrane maximize their respective free energy. However, such configuration requires a finite free energy up to accounting for the opening of the membrane

pore that might easily offset the energy gain of releasing both the chain confinement and membrane deformation. Estimations for the pore energy give  $E_p = 2\pi \Lambda r$ , where r is the pore size and  $\Lambda = \pi \kappa / (2\ell_m)$  is a line tension that depends on the membrane elasticity  $\kappa$  and membrane thickness  $\ell_m$  [34]. For typical values of fluid bilayers the pore energy for small pores spans the range 5–20  $K_BT$ , which is comparable to polymer confinement energies. It might be thus possible, by finely controlling the system parameters, to prevent or to promote pore formation.

### F. Membrane adhesion on decorated substrates

Studies of lipid bilayer adhesion on substrates serve as a model for real biological cell adhesion. An important issue is to understand the adhesion properties of membranes when polymer chains are grafted on the substrate, with the purpose of mimicking a real cell environment, such as glycocalix of gram-positive bacteria [15]. Our approach indicates clearly that the global membrane adhesion properties should change significantly when the mutual distance between grafted chains approaches the patch radius *L*. At grafting densities approaching  $\sigma_c \sim 1/(\pi L^2)$ , one expects the membrane adhesion to be suppressed or at least strongly reduced. A related discussion can be found in [35] for the formation of surface micelles under confinement membranes.

# IV. SELF-CONSISTENT DETERMINATION AND PREDICTION OF SHALLOW BULGES

#### A. Prediction of quantitative profiles

We present in this section a self-consistent numerical determination of the membrane shape. A solution of this kind provides a quantitative prediction of the polymer induced membrane deformation, including numerical prefactors.

Existing quantitative shape determination approaches, based on a Lagrangian mechanics reformulation of the free-energy minimization, have been extensively used for predicting vesicle shapes under constant pressure condition [36] or homogeneous adhesion [37,38]. The extension of this calculation to the self-consistent, inhomogeneous polymer induced pressure profiles requires matching polymer repulsion and membrane deformation. We present in this section an original and independent numerical scheme that addresses this question on the basis of the elastic response function of the membrane.

The membrane shape of shallow bulges, characterized by  $D \ll L$ , deviates gently from the horizontal plane, justifying a Monge approximated estimate of the area increment and the mean curvature. This, in combination with a *Derjaguin* approximated treatment [39] of the pressure exerted by a confined Gaussian chain, enables the quantitative prediction of the shallow bulge deformations. Our results, although restricted to the case of shallow bulges, agree with the scaling results of Sec. III and may be directly compared with experimental data (Appendix D).

We illustrate our method with the estimation of the deformation of a phospholipid membrane induced by a DNA chain, using some realistic adhesion values suggested by Swain and Andelman [24].

#### B. Principles of the calculation

A shallow bulge can be parameterized by a height function h(r) measuring the elevation of the membrane relative to the substrate at a distance r from the grafting point. Polar coordinates  $(r,\theta)$  are used, but for symmetry reasons, the angle  $\theta$  does not intervene. Both curvature and surface tension free energies can be expressed in terms of h(r), especially when gradients of h(r) are small, a necessary condition for shallowness. Taking into account the inhomogeneous pressure term p(r) exerted by the chain, one finds

$$\mathcal{F} = 2\pi \frac{\kappa}{2} \int_0^L r dr (\Delta h(r))^2 + 2\pi \frac{\gamma}{2} \int r dr (\nabla h(r))^2 + w\pi L^2 - 2\pi \int_0^L r dr \ p(r; [h(r)])h(r).$$
(15)

The pressure term depends on the global shape of the bulge and, in principle, shows a functional dependence on the height profile: p(r; [h(r)]). For a Gaussian (ideal) chain, its determination amounts to solving a diffusion problem, with absorbing boundary conditions (the bubble shape) and an initial condition (the grafting point). We use and present in Appendix B an approximated but simpler expression of the pressure field p(r; D), valid for a constant elevation D = h(0).

Our approach aims at predicting the shape h(r), given the radius L of the bulge, the gyration radius  $R_g$ , the curvature modulus  $\kappa$ , and the tension  $\gamma$ . In principle, the numerical value of L should be a prediction and not an input parameter of the model. However, as far as experiments are concerned (say, e.g., optical microscopy), the radius L of the bulge can be directly measured, while that is certainly not the case of the adhesion energy w, which is "conjugated" to the area  $\pi L^2$ .

The determination of the profile is the outcome of an iterative process. Assuming a numerical input value  $D_{in}$  for the height of the bulge, we compute the pressure term  $p(r; D_{in})$  exerted by a grafted polymer confined between two plates separated by  $D_{in}$ . The mechanical equilibrium associated with the above free energy turns out to be

$$\kappa \Delta \Delta h(r) - \gamma \Delta h(r) = p(r; D_{\rm in}). \tag{16}$$

This relation is then inverted to get h(r) in terms of  $p(r; D_{in})$ , with the help of associated Green's functions  $G_{\gamma,\kappa,L}(r,r')$ , obeying

$$\kappa \Delta \Delta G_{\gamma,\kappa,L}(r,r') - \gamma \Delta G_{\gamma,\kappa,L}(r,r') = \frac{\delta(r-r')}{r}, \quad (17)$$

with boundary conditions and analytical expressions that are extensively described in Appendix C, leading to a profile

$$h(r) = \int_0^L r' dr' G_{\gamma,\kappa,L}(r,r') \, p(r'; D_{\rm in}). \tag{18}$$

The continuity equation  $h(r = 0) = D_{out}$  gives us a fresh estimate of the height of the profile. The numerical scheme  $D_i \rightarrow p(D_i, r) \rightarrow h(r) \rightarrow D_{i+1}$  is then repeated until self-consistence is achieved.

Finally, the validity of the assumption  $h(r) \simeq D$  depends on how much h(r) varies in the region where some pressure is exerted. As the range of the pressure field is about  $R_g$ , one must check on our self-consistent solution that the Derjaguin criterion  $|h(0) - h(R_e)| \ll D$  holds.

#### C. Minimization of the free energy

In our numerical approach, we decided to work with the radius L, rather than with the adhesion parameter w. The free energy  $\mathcal{F}(T,\kappa,\gamma,L,R_g)$  to consider is

$$\mathcal{F} = \gamma \pi \int_0^L r dr \left(\nabla h(r)\right)^2 + \kappa \pi \int_0^L r dr \left(\Delta h(r)\right)^2 + w \pi L^2 + \mathcal{F}_{\text{chain}}.$$
(19)

Due to the nonvanishing curvature modulus  $\kappa$ , a second derivative of the height function h(r) exists. As h(r) is continued in the domain r > L by a flat profile h(r) = 0, we must have, for continuity reasons, both h(L) = 0 and h'(L) = 0. A subsequent variation of the functional  $\mathcal{F}(T,\kappa,\gamma,L,R_g)$  with respect to *L* and h(r) and compatible with these boundary conditions gives

$$\delta h(L) = 0,$$
  

$$\delta h'(L) = -h''(L)\delta L = -\Delta h(L)\delta L,$$
(20)  

$$\delta \mathcal{F} = 2\pi \int_0^L r dr \,\delta h(r) [-p(r;h(r)) - \gamma \,\Delta h(r) + \kappa \,\Delta \Delta h(r)] + 2\pi L \delta L \left[ w - \frac{\kappa}{2} (\Delta h(L))^2 \right].$$

We also notice that the Laplacian and second derivative at *L* coincide:  $\Delta h(L) = h''(L)$ . The free-energy variation gives, on the one hand, the mechanical equilibrium of the membrane  $\kappa \Delta \Delta h - \gamma \Delta h = p$  and a mechanical boundary condition  $w = \kappa [\Delta h(L)]^2/2$ , on the other hand, expressing a balance between the torque associated with the membrane bending and the (nonspecific) adhesive force.

As a result, this validates our procedure of first fixing L to determine the profile and then associating an adhesion coefficient parameter w to this profile. In the opposite case of a known w, we checked that solving for L the relation  $w - \kappa [\Delta h(L)]^2/2 = 0$  always led to a unique solution, the value of w being rather sensitive to L.

Note that advanced concepts of differential geometry and tensor calculus have been recently proposed [40,41] that enable the precise determination of torques and stress distributions exerted by membranes of arbitrary conformations. This general formulation reduces to ours in the peculiar *quasiunidimensional* model discussed above.

#### D. Example of profiles with fixed patch radius L or adhesion w

If the adhesion parameter w is fixed and not the patch radius L, the numerical value of L itself has to be determined self-consistently. This results in a functional relation L(w) that depends in practice on the other parameters of the problem (see Appendix D). Examples of L(w) and w(L) correspondence are provided as supplemental material [42].

We also provide as supplemental material a sample of selfconsistent profiles, corresponding to a wide range of values of the curvature modulus  $\kappa$ , the surface tension  $\gamma$ , and gyration radius  $R_g$  [42]. Finally, we show in Appendix D a comparison between our scaling predictions and the outcome of our self-consistent numerical approach.

#### E. DNA chains under supported lipid bilayers

We illustrate the scaling predictions with the case of a single DNA chain grafted on a rigid substrate. Grafting DNA chains on surface is a routine operation, though this may lead to surfaces possessing nontrivial adhesion properties. The 48 502 base pairs double stranded DNA from  $\lambda$ -phage virus corresponds to a gyration radius  $R_g \simeq 0.52 \,\mu \text{m}$  under standard buffer conditions [20]. This value follows from the commonly accepted values of the persistence length  $\lambda_p =$ 0.05  $\mu$ m and the DNA contour length  $L = 16 \mu$ m [43–45] related to the gyration radius as  $R_g = (\lambda_p L/3)^{1/2}$ . Taking a = 2 nm as an estimate of a DNA chain diameter, the extension of the Gaussian scaling regime ranges between  $D = 0.05 \ \mu \text{m}$  and  $D = 0.3 \ \mu \text{m}$  (see discussion above), for which  $\mathcal{F}_{\text{chain}} = T(R_g/D)^2$  is justified. A typical phospholipid membrane curvature modulus in the liquid state is  $\kappa = 20k_BT$ . Swain and Andelman suggest a value of  $w = 5.1 \times 10^{-6}$  J m<sup>-2</sup> for a supported membrane in close contact with a smooth surface [24]. The curvature dominated scaling regime predicts

$$L = 2.8 \times 10^{-7} \text{ m},$$
  
 $D = 1.9 \times 10^{-7} \text{ m},$   
 $D/L = 0.7, \quad \mathcal{F} = 9k_BT.$ 
(21)

It is indeed difficult to estimate the value of the surface tension  $\gamma$  in such an adhesion experiment. The surface tension of giant phospholipid vesicles is usually considered as low but may increase due to the interaction with the surface. Considering the plausible estimate  $\gamma \sim w$ , the surface tension dominated regime leads to  $L = D = 2.3 \times 10^{-7}$  m and a ratio D/L = 1. Moreover, the criterion  $\gamma L^2 \ge \kappa$  is not satisfied, as  $\gamma L^2/\kappa = 0.3$ . The scaling approach suggests that the curvature dominated regime is more appropriate to this case.

Observing some membrane deformation with the help of an optical microscope, using, for instance, a reflection interference contact (RICM) setup [46], ideally requires a spatial extension of order  $L \sim 1.5 \,\mu$ m. This would correspond to an adhesion energy of  $3 \times 10^{-9}$  J m<sup>-2</sup>, which is close to the value of  $1.9 \times 10^{-9}$  J m<sup>-2</sup> reported in [24] for the Helfrich regime of supported membrane adhesion.

The scaling predictions for  $\kappa = 20k_BT$ ,  $\gamma = w = 1.9 \times 10^{-9}$  J m<sup>-2</sup>, and  $R_g = 0.56 \,\mu$ m are

$$L = 1.8 \times 10^{-6} \text{ m},$$
  
 $D = 4.7 \times 10^{-7} \text{ m},$   
 $D/L = 0.3, \quad \mathcal{F} = 1.4k_BT.$ 
(22)

The ratio  $\gamma L^2/\kappa \simeq 0.07$  is consistent with a curvature dominated regime.

Our self-consistent quantitative prediction treats on the same footing the curvature and tension dominated regimes. Figure 5 shows the predicted bulge deformation associated with  $\kappa = 20k_BT$ ,  $\gamma = w = 1.9 \times 10^{-9}$  J m<sup>-2</sup>, and  $R_g = 0.56 \,\mu$ m. As the numerical procedure is originally stated in terms of fixed radius *L*, we had to determine first the self-



FIG. 5. (Color online) Membrane deformation profile predicted for  $\kappa = 20k_BT$ ,  $\gamma = w = 1.9 \times 10^{-9}$  J m<sup>-2</sup>, and  $R_g = 0.56 \,\mu$ m, following values suggested in [24]. The pressure is in arbitrary units.

consistent radius L corresponding to an adhesion parameter w equal to  $3.0 \times 10^9$  J m<sup>-2</sup>, which is also used in our scaling estimate. In Fig. 5, the pressure is represented in arbitrary units and h(r) is in micrometers. The maximal elevation D = h(0) reaches 0.5  $\mu$ m, while the radius L is about 3  $\mu$ m. The ratio D/L justifies the Monge approximation used throughout the numerical procedure, while the condition  $L \gg R_g$  is consistent with our Derjaguin approximation. Such a bulge deformation should fall within reach of optical surface interferometric measurements such as the RICM technique.

#### V. CONCLUSION

We considered in this work the case of a single-grafted polymer chain surrounded by a membrane adhering onto a flat surface. This situation is relevant for single-molecule experiments that are now feasible. This situation is also related to more general problems of membrane nonspecific adhesion onto decorated substrates.

A scaling description of the interacting membrane, polymer, and surface system gave us estimates of the local chain induced deformation, expressed in terms of two characteristic lengths, L (size) and D (elevation). Different regimes have been identified and located in a parameter space involving three dimensionless quantities, standing for curvature, tension, and adhesion energy. Because we treated the membrane as a classical, nonfluctuating object, we did not have to distinguish between local and global surface tension parameters and dealt with a single quantity  $\gamma$  [47]. The different regimes that were found are unconfined chains, confined chains with balloon shapes, and confined chains with bulge shapes.

Bulge shapes, characterized by a small ratio D/L, were further investigated by means of a quantitative and self-consistent determination of the elevation profile. The assumptions lying behind this quantitative approach include that the chain must be Gaussian (ideal) and that its gyration radius  $R_g$  must be smaller than L (Derjaguin approximation for the pressure field). A full set of bulge shapes were obtained that depend on three independent dimensionless parameters. We provided a large sample of such bulge shapes and numerical values of L and D. Our approach predicts that a  $\lambda$ -phage DNA squeezed between a supported membrane and a smooth flat surface should be associated with a suboptical wavelength deformation  $L \sim$  $0.2 \,\mu$ m,  $D \sim 0.05 \,\mu$ m, therefore corresponding to a strongly confined chain with bulge deformation. Other adhesion mechanisms, involving specific ligand-receptor bond formation, could, however, be associated with larger deformations that could be detected using interference optical microscopy.

An interesting direction for the extension of the present work is to investigate the relaxation dynamics of the condensed membrane-polymer system. For instance, one could envision that a cigar-like shape prepared from membrane adhesion spreading could, under the appropriate conditions, relax back to a symmetric shape or that a confined bulge could diffuse laterally if the polymer end attachment was cut.

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#### APPENDIX A: NONIDEAL CHAINS

# 1. Confinement of swollen chains

One considers a swollen chain in good solvent conditions scaling with Flory exponent  $\nu \simeq 3/5$ , with its size being given by the Flory radius  $R_F = N^{3/5}a$ . In order to properly account for the confinement of the chain under the different membrane bulges, we first review the chain behavior under confinement inside a disk of radius L and thickness D and then the confinement inside a sphere of radius D.

a. Flory chains confined inside a disk of thickness D and radius L. For  $0 < D < R_F$  and  $L > R'_F = R_F(R_F/D)^{1/4}$ , the chain is confined vertically but not laterally; it can be viewed as a 2D self-avoiding walk with blobs of size D. The scaling form of the confinement energy is similar to the ideal case, albeit with a different exponent:

$$\mathcal{F}_{\text{chain}} = T \left( \frac{R_F}{D} \right)^{1/\nu} = T \left( \frac{R_F}{D} \right)^{5/3}.$$
 (A1)

For  $0 < D < R_F$  and  $L_0 < L < R'_F$ , with  $L_0 = R_F (D/R_F)^{1/6}$ , the chain is confined both vertically and laterally; it can be viewed as a 2D SAW with blobs of size D, laterally confined in the disk of size L. The lower limit  $L_0$  denotes a crossover toward a 3D, space-filling conformation of the confinement volume. A scaling expression of the confinement free energy reads

$$\mathcal{F}_{\text{chain}} = T \left(\frac{R_F}{D}\right)^{5/3} \left[1 + \left(\frac{L_0}{L}\right)^4\right]. \tag{A2}$$

This energy has an extra dependence in *L* and reduces to a form  $Tf(R_F/D)$  when the lateral confinement contribution is neglected. The magnitude of the *L*-dependent corrective term is small unless *L* approaches the crossover characteristic length  $L_0$ . This legitimates the approximation  $\mathcal{F}_{\text{chain}} \simeq T(R_F/D)^{5/3}$  for  $L \gg L_0$ .

For  $0 < D < R_F$  and  $L < L_0$ , the scaling picture corresponds to a 3D space-filling packing with blobs of intermediate size  $\xi_p < D$ , in the confinement volume  $L^2D$ . In other words,

the confined chain behave as a semidilute solution of screening length  $\xi_p$  and energy density  $T/\xi_p^3$ . Integrating the energy density over the volume of the chain provides a measure for the energy of confinement of the chain  $\mathcal{F}_{chain}$ :

$$\xi_p = D\left(\frac{L}{L_0}\right)^{3/2},\tag{A3}$$

$$\mathcal{F}_{\text{chain}} = T \left( \frac{R_F^3}{L^2 D} \right)^{5/4} = T \left( \frac{R_F}{D} \right)^{5/3} \left( \frac{L_0}{L} \right)^{5/2}.$$
 (A4)

As a summary, for a chain confined inside a disk of radius L and thickness D, there are three confinement regimes as a function of the disk size L. At large L the chain is only confined vertically and behaves as a two-dimensional SAW with  $N(a/D)^{5/3}$  blobs and blob size D. When the disk size reaches the lateral size of the chain  $R'_F = R_F (R_F/D)^{1/4}$ , the chain becomes laterally confined, but the lateral confinement energy is negligible compared to the vertical confinement energy until the chain of blobs has been fully compacted at  $L = L_0$ . For disk radii smaller than  $L_0$ , the disk is homogeneously filled with a semidilute solution with a screening length  $\xi_p$  smaller that the confinement thickness D.

b. Swollen chains confined inside a sphere of radius D. Confining isotropically a swollen chain, as it occurs in a balloon shaped membrane deformation, brings in blobs of intermediate size  $0 < \xi_p < D$ .

$$\xi_p = R_F \left(\frac{D}{R_F}\right)^{9/4},\tag{A5}$$

$$\mathcal{F}_{\text{chain}} = T \left( \frac{R_F}{D} \right)^{15/4}.$$
 (A6)

The latter expression can be viewed as a special instance of Eq. (A4), with L = D.

#### 2. Bulges with excluded volume

Restricting ourselves first to bulges with  $L > L_0 = R_F (D/R_F)^{1/6}$  enables us to reiterate the scaling arguments of Eqs. (6) and (9) by taking instead expression (A4) for the confinement energy of one chain  $\mathcal{F}_{\text{chain}} = T (R_F/D)^{1/\nu} \simeq T (R_F/D)^{5/3}$ . This gives, for shallow bulges in the regime where curvature dominates,

$$D \simeq R_F \overline{w}^{-3/16} \overline{\kappa}^{-3/16},$$
  

$$L \simeq R_F \overline{w}^{-11/32} \overline{\kappa}^{5/32},$$
  

$$\mathcal{F} = T (\overline{w} \overline{\kappa})^{5/16}.$$
(A7)

As *L* decreases and becomes smaller than  $L_0$ , one gets for  $D < L < L_0 = R_F (D/R_F)^{1/6}$  and by using Eq. (A4) instead of Eq. (A1)

$$D \simeq R_F \overline{w}^{1/28} \overline{\kappa}^{-9/28},$$

$$L \simeq R_F \overline{w}^{-13/56} \overline{\kappa}^{5/56},$$

$$\mathcal{F} = T \overline{w}^{5/28} \overline{\kappa}^{15/28}.$$
(A8)

For shallow bulges dominated by tension, up to logarithmic terms,

$$D \simeq R_F \overline{\gamma}^{-3/11}, \quad L \simeq R_F \overline{\gamma}^{5/22} \overline{w}^{-1/2}, \quad \mathcal{F} = T \overline{\gamma}^{5/11};$$
(A9)

for balloon bulges dominated by surface tension,

$$D \simeq R_F \overline{\gamma}^{-3/11},$$
  

$$L \simeq R_F \overline{\kappa}^{1/2} \overline{w}^{-1/2},$$
  

$$\mathcal{F} \simeq T \overline{\gamma}^{5/11},$$
(A10)

with ratio  $D/L = \overline{\gamma}^{-3/11} \overline{\kappa}^{-1/2} \overline{w}^{1/2}$ .

As for the case of Gaussian chains, we draw in the following paragraph a state diagram to summarize the different configurations adopted by our membrane-polymer system as a function of the relative importance of the tension, adhesion, and curvature reduced parameters.

# A. State diagram for end-grafted swollen polymers confined under a supported bilayer

The membrane tension  $\gamma$ , curvature modulus  $\kappa$ , and adhesion energy w and the associated dimensionless quantities  $\overline{\kappa} = \kappa/T$ ,  $\overline{w} = wR_F^2/T$ , and  $\overline{\gamma} = \gamma R_F^2/T$  constitute, as we have seen above, the set of parameters determining the equilibrium patch radius L and the height D that minimize the free energy. We adopt a method similar to that of the Gaussian chain and compare the relative values of D and L and the values of D and chain size  $R_F$  to draw the state diagram presented in Fig. 6. We assume as before, without loss of generality, that the tension is high,  $\overline{\gamma} > 1$ .

The first important feature in the state diagram is the curve of the equation  $\overline{w\kappa} = \overline{\gamma}^{16/11}$ , a line of a slope of -1 in logarithmic coordinates, cutting the  $\ln \overline{\kappa} = 0$  axis at  $\ln \overline{w} = 16/11 \ln \overline{\gamma}$ . This line, shown as line I in Fig. 6, divides the parameter space into two regions for adhesion strengths  $\overline{w} < \overline{\kappa}^{-1} \overline{\gamma}^{16/11}$ . Above the line, the elastic curvature energy dominates,  $L < \xi$ , while below the line, curvature elasticity is irrelevant and the energy is dominated by membrane tension,  $L > \xi$ . On the line  $L = \xi$ .

The second important feature is the curve  $\overline{w} = \overline{\kappa}^{3/5}$  defined by  $L = L_0$ , shown as line II in Fig. 6. Below the line, the



FIG. 6. (Color online) State diagram of the different bulge regimes for a swollen chain (see text) in logarithmic axes. The horizontal axis is the dimensionless curvature  $\overline{\kappa}$ , and the vertical axis is the adhesion parameter  $\overline{w}$ .

confined chain can be seen as a two-dimensional chain of blobs of size D, laterally confined within a disk of size L. Above the line, the chain of blobs becomes compact, and the bulge is, from the scaling perspective, better described by a homogeneous polymer solution confined in a disk of size L and thickness D. A third line, line III, defined by  $\overline{w\kappa}^{23/13} = \overline{\gamma}^{28/13}$  in the logarithmic representation, separates also tension dominated and curvature dominated regions; on the line one has  $L = \xi$ . The fourth line, line IV, defined by  $\overline{w} \ll \overline{\kappa}^{23/15}$ , separates shallow bulges  $D \leqslant L$  and balloon bubbles  $L \leq D$  in the domain above  $\overline{\kappa} = \overline{\gamma}^{15/23}$ , where curvature energy dominates. In the state diagram in Fig. 6, line IV with a of slope 23/15, where  $L = D = \xi_w$ , intersects the line  $\ln \overline{w} = \frac{28}{13} \ln \overline{\gamma} - \frac{23}{13} \ln \overline{\kappa}$  at the point  $(\ln \overline{\kappa} =$  $15/23 \ln \overline{\gamma}$ ,  $\ln \overline{w} = \ln \overline{\gamma}$ ). This is also the point of intersection of line VI, another important curve in the diagram, separating the balloon and the shallow bulge regimes in the domain where membrane tension dominates.

The swollen state diagram has thus six distinct regions, compared with the Gaussian chain state diagram that displays four regions. For all six regions, under the assumption that the membrane tension is large enough,  $\overline{\gamma} > 1$ , the polymer chain is always confined, i.e.,  $D \leq R_F$ . Region A corresponds thus to confined chains  $(D \leq R_F)$  in shallow bulges  $(D \leq L)$ . Here the thickness and patch size depend both on curvature elasticity and adhesion strength but are independent of tension,  $D \simeq R_F(\overline{\kappa w})^{-3/16}$  and  $L \simeq R_F \overline{\kappa}^{5/32} \overline{w}^{-11/32}$ . Region B hosts vertically and laterally confined chains  $(D \leq R_F, L \leq L_0)$ in shallow bulges  $(D \ll L)$ . In this region, the equilibrium *D* and *L* values are independent of  $\overline{\gamma}$ ,  $L \simeq R_F \overline{w}^{-13/56} \overline{\kappa}^{5/56}$ and  $D = R_F \overline{w}^{1/28} \overline{\kappa}^{-9/28}$ . Above line VI, as for Gaussian chain bulges, the neck size L is fixed at  $L = \xi_w$ , and the bulge size is fixed at  $D = R_F \overline{\kappa}^{-4/15}$ . By crossing line V into region D, the size of the balloon bulges becomes dependent on membrane tension,  $D \simeq R_F \overline{\gamma}^{-4/23}$ , but the size of the patch L is still governed by the usual boundary condition balancing adhesion forces and curvature torque that defines the bulge neck size as  $L = \xi_w$ . This neck starts to open up at  $\overline{w} = 2\overline{\gamma}$ , close to line VI, defined by  $\overline{w} = \overline{\gamma}$ , which one crosses into region E, a shallow bulge region of laterally confined twodimensional chains, controlled by membrane tension, where  $L \simeq R_F \overline{\gamma}^{-5/46} \overline{w}^{-13/46}$  and  $D = R_F \overline{w}^{1/28} \overline{\kappa}^{-9/28}$ . Below line VI the energy of lateral confinement of the chains is negligible, and one recovers the shallow bulge height  $D \simeq R_F \overline{\gamma}^{-3/11}$  and bulge size  $L \simeq R_F \overline{\gamma}^{5/22} \overline{w}^{-1/2}$ .

Also shown in Fig. 6, the dashed lines indicate the crossover from laterally unconfined states of the chain below the lines to laterally confined chains. Note, however, that until one reaches lines II or VII, the energies of lateral confinement remain negligible. Note also that the minimum value  $\overline{\gamma}$  that lines VII and VI can assume corresponds to  $\overline{\gamma} = 1$ . For smaller values of  $\overline{\gamma}$  the lines vanish from the diagram, with line I fixed for  $\overline{\gamma} < 1$  at the value  $\ln \overline{w} = -\ln \overline{\kappa}$ . The conclusions discussed above still hold, with the exception that in regions D, E, and F, which now merge into a single region, where the value of the height D is kept at the constant value  $D \simeq R_F$ : the membrane tension in this case  $\overline{\gamma} < 1$  is not large enough to confine the polymer chain.

As for the Gaussian chains, we choose to display in Fig. 7 the variation of the bulge height D and size L at constant





FIG. 7. (Color online) Variation of the bulge height D and size L as a function of the adhesion strength  $\overline{w}$  in a logarithmic representation. (a) Weak bending rigidities,  $\overline{\kappa} < \overline{\gamma}^{15/23}$ . (b) Intermediate bending rigidities,  $\overline{\gamma}^{10/11} > \overline{\kappa} > \overline{\gamma}^{15/23}$ . (c) Strong bending rigidities,  $\overline{\kappa} > \overline{\gamma}^{10/11}$ . See also Fig. 3.

elastic constant  $\overline{w}$  as a function of adhesion strength  $\overline{w}$ . Given the structure of the state diagram in Fig. 6, three cases need to be considered. The first corresponds to weak elastic constants  $\overline{\kappa} < \overline{\gamma}^{15/23}$ , displayed in Fig. 7(a). Figure 7(a) shows that the bulge height *D* is first independent of the adhesion strength and then increases with adhesion, reaching a second plateau. The patch size *L* decreases continuously except at  $\overline{w} \sim \overline{\gamma}$ , where the so-called kissing transition [29,30] occurs. There the size decreases from a finite value to  $L \sim \xi_w$  within a narrow range  $\overline{\gamma} < \overline{w} < 2\overline{\gamma}$ . The second case corresponds to intermediate  $\overline{\kappa}$  values  $\overline{\gamma}^{10/11} > \overline{\kappa} > \overline{\gamma}^{15/23}$ , displayed in Fig. 7(b), with similar variation trends for *D* and *L* as those of Fig. 7(a). For stronger elastic constants  $\overline{\kappa} > \overline{\gamma}^{10/11}$ , Fig. 7(c) shows that, although *L* decreases continuously as the adhesion strength increases, *D* follows a nonmonotonous variation in the regime of strong lateral confinement.

# APPENDIX B: DETERMINATION OF THE PRESSURE PROFILE

We consider a polymer confined between two parallel planes, located, respectively, at z = 0 and z = D, and attached near the lower plane at  $(x = 0, y = 0, z \simeq b)$ , with  $b = 2\ell_p$  being the statistical segment length (or Kuhn length), which is small compared with the separation D.

By considering an arbitrarily small deformation of the opposite surface  $h(x,y) = D + \zeta(x,y)$ , one can deduce the pressure field p(x,y) by considering the isothermal work  $\delta W$  associated with this deformation and equal to the functional derivative of the free energy  $\mathcal{F}$  of the chain with respect to the distance h(x,y):

$$\delta W = -\int dx \, dy \, p(x, y) \, \zeta(x, y) = \int dx \, dy \, \frac{\delta \mathcal{F}}{\delta h(x, y)} \zeta(x, y).$$
(B1)

The calculation of the free energy  $\mathcal{F}$  of a Gaussian chain enclosed in a finite domain proceeds from solving the Edwards equation (or free diffusion) [18,27],

$$\frac{ab}{6} \left( \partial_x^2 + \partial_y^2 + \partial_z^2 \right) \mathcal{G}(x, y, z; N|0, 0, b; 0)$$
  
=  $\partial_N \mathcal{G}(x, y, z; N|0, 0, b; 0),$  (B2)

while imposing absorbing boundary conditions  $\mathcal{G}(x, y, z; N|0, 0, b; 0) = 0$  on both surfaces,

$$\forall (x, y, N), \mathcal{G}(x, y, 0; N | 0, 0, b; 0) = 0,$$
 (B3)  
 
$$\mathcal{G}(x, y, D + \zeta(x, y); N | 0, 0, b; 0) = 0,$$

and with an initial condition localized on the grafting point at N = 0,

$$\mathcal{G}(x, y, z; 0|0, 0, b; 0) = \delta(x)\delta(y)\delta(z - b).$$
(B4)

The diffusion coefficient of the Edwards equation is such that the gyration radius  $R_g$  of a free chain of N monomers equals precisely Nab/6, with bond length a and persistence b. Integration of  $\mathcal{G}$  over the space variables (x, y, z) gives the ratio between the number of configurations of a confined chain of length N and the total number of configurations that the chain could adopt in the absence of any boundaries. Up to a constant

independent of  $\zeta(x, y)$ ,  $\mathcal{F}$  reads

$$\mathcal{F} = -k_B T \ln \left[ \int_0^{D+\zeta(x,y)} dz \int dx \, dy \mathcal{G}(x,y,z;N|0,0,b;0) \right].$$
(B5)

Following Refs. [48,49], we expand  $\mathcal{G}$  in powers of  $\zeta$ ,  $\mathcal{G} = \mathcal{G}_0 + \mathcal{G}_1 + \cdots$ , with  $\mathcal{G}_0 \sim \zeta^0 \sim 1$  and  $\mathcal{G}_1 \sim \zeta^1$ .  $\mathcal{G}_0$  and  $\mathcal{G}_1$  both obey the Edwards equation, with initial conditions:

$$\mathcal{G}_0(x, y, z; 0|0, 0, b; 0) = \delta(x)\delta(y)\delta(z - b),$$
  
$$\mathcal{G}_1(x, y, z; 0|0, 0, b; 0) = 0.$$
 (B6)

Inserting the expansion  $\mathcal{G} = \mathcal{G}_0 + \mathcal{G}_1 + \cdots$  at the vicinity of the upper boundary, one gets

$$\begin{aligned}
\mathcal{G}(x, y, D + \zeta(x, y); N|0, 0, b; 0) \\
&= \mathcal{G}(x, y, D; N|0, 0, b; 0) + \zeta(x, y) \\
&\times \partial_z \mathcal{G}(x, y, z = D; N|0, 0, b; 0) + \dots = 0, \quad (B7)
\end{aligned}$$

leading to a set of boundary conditions:

$$\mathcal{G}_{0}(x, y, 0; N | 0, 0, b; 0) = 0,$$
  

$$\mathcal{G}_{1}(x, y, 0; N | 0, 0, b; 0) = 0,$$
  

$$\mathcal{G}_{0}(x, y, D; N | 0, 0, b; 0) = 0,$$
(B8)

$$\mathcal{G}_1(x, y, D; N|0, 0, b; 0) = -\zeta(x, y)\partial_z \mathcal{G}_0(x, y, z = D; N|0, 0, b; 0).$$

The leading term  $\mathcal{G}_0$  corresponds to an ideal chain between two parallel plates. Separating variables,  $\mathcal{G}_0$  reads

$$\begin{aligned}
\mathcal{G}_{0}(x, y, z; n | x', y', z'; n') \\
&= \mathcal{G}^{(x)}(x - x'; n - n') \mathcal{G}^{(y)}(y - y'; n - n') \\
&\times \mathcal{G}^{(z)}(z, z'; n - n'),
\end{aligned}$$
(B9)

$$\mathcal{G}^{(x)}(x-x';n) = \sqrt{\frac{3}{2\pi a b n}} \exp\left(-\frac{3(x-x')^2}{2n a b}\right),$$
 (B10)

$$\mathcal{G}^{(y)}(y - y'; n) = \sqrt{\frac{3}{2\pi a b n}} \exp\left(-\frac{3(y - y')^2}{2n a b}\right), \quad (B11)$$

$$\mathcal{G}^{(z)}(z,z';n) = \frac{2}{D} \sum_{j=1}^{\infty} \sin\left(\frac{j\pi z}{D}\right) \sin\left(\frac{j\pi z'}{D}\right) \\ \times \exp\left(-\frac{j^2\pi^2 ab}{6D^2}n\right). \tag{B12}$$

The perturbative term  $\mathcal{G}_1$  originates entirely from the contribution of the boundaries, where  $\mathcal{G}_1$  is explicitly known (Dirichlet boundary condition).  $\mathcal{G}_1$  is

$$\mathcal{G}_{1}(x, y, z; N|0, 0, b; 0) = -\frac{ab}{6} \int dx' dy' \int_{0}^{N} dn \partial_{z'} \mathcal{G}_{0}(x, y, z; N - n|x', y', z' = D; 0) \times \mathcal{G}_{1}(x', y', D; n|0, 0, b; 0)$$
(B13)

$$= \frac{ab}{6} \int dx' dy' \int_0^N dn \partial_{z'} \mathcal{G}_0(x, y, z; N - n | x', y', D; 0) \times \zeta(y', z') \partial_{z'} \mathcal{G}_0(x', y', z' = D; n | 0, 0, b; 0).$$
(B14)

The above expression shows that the determination of the pressure profile is subordinated to the entire knowledge of the solution  $\mathcal{G}_0$  of the unperturbed case. At the order  $\zeta$ , the free energy is

$$\mathcal{F} = -k_B T \ln \left\{ \int dx dy \int_0^D dz \, \mathcal{G}_0(x, y, z; N | 0, 0, b; 0) + \mathcal{G}_1(x, y, z; N | 0, 0, b; 0) \right\}$$
(B15)

$$\simeq -k_B T \ln \left\{ \int dx dy \int_0^D dz \, \mathcal{G}_0(x, y, z; N|0, 0, b; 0) \right\} -k_B T \frac{\int dx dy \int_0^D dz \, \mathcal{G}_1(x, y, z; N|0, 0, b; 0)}{\int dx dy \int_0^D dz \, \mathcal{G}_0(x, y, z; N|0, 0, b; 0)}.$$
 (B16)

The first term can be easily calculated and leads to the expected scaling result  $\mathcal{F} \sim k_B T R_g^2/D^2$  for an ideal chain confined in the *z* direction. We deduce the pressure field p(x, y) from the second term, identifying it with Eq. (B1), to get

$$p(x',y') = k_B T \frac{ab}{6} \left\{ \int_0^N dn \iiint dx dy dz \left[ \partial_{z'} \mathcal{G}_0(x,y,z;N|x',y',z'=D;N-n) \partial_{z'} \mathcal{G}_0(x',y',z'=D;n|0,0,b;0) \right] \right\} \\ \times \left[ \iiint dx dy dz \, \mathcal{G}_0(x,y,z;N|0,0,b;0) \right]^{-1}.$$
(B17)

Equation (B17) has a simple interpretation, illustrated in Fig. 8. The pressure at an arbitrary point M' of the confining domain is given by the sum over all the paths between the origin  $M_0$  of the chain and M' and leaving M' for the endpoint Mof the chain. This sum of paths is weighted by a product of gradients of the Green's function associated with the domain and normalized by a sum over all paths between the origin  $M_0$ and M. We now proceed with the explicit expressions provided in Eq. (B9). It is customary to retain only the first term j = 1 of the Fourier sum in  $G^{(z)}(z,z';N)$  whenever the ratio  $D/R_g$  is much smaller than 1, meaning that the chain is strongly confined (lowest level, or ground state dominance approximation). With shallow bulges in mind, we make this approximation. The integration over x and y of the normalized Gaussian integrals is trivial, and we obtain, noting



FIG. 8. (Color online) Schematic representation of the sum of paths leading the inhomogeneous pressure field.

$$r'^{2} = x'^{2} + y'^{2},$$

$$\iiint dx dy dz \mathcal{G}_{0}(x, y, z; N|0, 0, b; 0)$$

$$= \frac{4}{\pi} \sin\left(\frac{\pi b}{D}\right) \exp\left(-\frac{\pi^{2}R_{g}^{2}}{D^{2}}\right), \quad (B18)$$

$$\iiint dx \, dy \, dz \, \mathcal{G}_1(x, y, z; N | 0, 0, b; 0)$$

$$= \frac{12}{abD^3} \sin\left(\frac{\pi b}{N}\right) \exp\left(-\frac{\pi^2 R_g^2}{D^2}\right)$$

$$\times \int_0^N \frac{dn}{n} \exp\left(-\frac{3r'^2}{2nab}\right). \tag{B19}$$

The integral over n reduces to a standard expression:

$$\int_{r^2/(4R_g^2)}^{\infty} dy \, \frac{e^{-y}}{y} = E_1\left(\frac{r^2}{4R_g^2}\right) = \Gamma\left(0, \frac{r^2}{4R_g^2}\right), \quad (B20)$$

where  $E_1(x)$  and  $\Gamma(0,x)$  designate, respectively, the integral exponential and the incomplete Gamma function [50].

Altogether, the final expression for the pressure field associated with a bulge of height D is

$$p(x,y) = \frac{\pi k_B T}{2D^3} \Gamma\left(0, \frac{r^2}{4R_g^2}\right).$$
 (B21)

At the vertical of the grafting point, the pressure diverges logarithmically with r'. This singularity, which can be easily integrated over, has only mild consequences for the determination of the bulge profile. We can alternatively cut off the singularity at  $\Gamma(0,b)$ , as the ideal chain model breaks down on length scales smaller than b. This regularization does not lead to any observable numerical difference. In the opposite limit, the pressure decays rapidly with r' to become negligible for distances larger than the gyration radius. Provided the height h(r) remains close to D at such distances, we expect the parallel plane approximation to be quantitatively satisfactory.

# APPENDIX C: DETERMINATION OF THE MEMBRANE MECHANICAL RESPONSE

A rotationally invariant profile is described by a height function h(r). In the Monge approximation, gradients of h(r)are weak, and the mechanical equilibrium requires with boundary conditions at r = L. This linear equation can be solved by means of a Green's function  $G_{\gamma,\kappa,L}(r,r')$  such that

$$(\kappa \Delta_r \Delta_r - \gamma \Delta_r) G_{\gamma,\kappa,L}(r,r') = \frac{\delta(r-r')}{r}.$$
 (C2)

The resulting Green's function  $G_{\gamma,\kappa,L}$  makes it possible to express the profile h(r) as a convolution of the pressure field,

$$h(r) = \int_0^L dr' \, r' \, G_{\gamma,\kappa,L}(r,r') p(r'), \tag{C3}$$

but it also gives convenient expressions for its derivatives,

$$h'(r) = \int_0^L dr' r' \,\partial_r G_{\gamma,\kappa,L}(r,r')p(r'),$$
  

$$\Delta h(r) = \int_0^L dr' r' \,\Delta_r G_{\gamma,\kappa,L}(r,r')p(r'),$$
(C4)

found in the expressions defining the free energy.

The functions  $G_{\gamma,\kappa,L}(r,r')$  describe the elastic response of a circular patch of membrane to a uniform force exerted at a distance r' from its center. The membrane mechanical response results from both membrane properties and from the value of the membrane-surface adhesion parameter. The membrane mechanical response is thus described by the energy scale T, a characteristic length L, and two internal dimensionless parameters  $\overline{\kappa} = \kappa/T$  and  $\nu = \sqrt{\gamma L^2/\kappa} = L/\xi$ . The adhesion properties of the surface-membrane interaction manifest themselves only through L. The scaling function fulfills the following requirements:

$$\kappa \Delta \Delta G_{\gamma,\kappa,L}(r,r') - \gamma \Delta G_{\gamma,\kappa,L}(r,r') = \frac{\delta(r-r')}{r}, \qquad (C5)$$

with two boundary conditions at r = 0,

$$\lim_{r \to 0} \frac{\partial G_{\gamma,\kappa,L}(r,r')}{\partial r} = 0,$$

$$\lim_{r \to 0} \frac{\partial^3 G_{\gamma,\kappa,L}(r,r')}{\partial r^3} = 0,$$
(C6)

and two boundary conditions at r = L,

$$\frac{G_{\gamma,\kappa,L}(L,r') = 0,}{\frac{\partial G_{\gamma,\kappa,L}(r,r')}{\partial r}}\Big|_{r=L} = 0.$$
(C7)

Two particular cases of interest are the opposite situations of vanishing bending modulus  $\kappa = 0$  and surface tension  $\gamma = 0$ . If  $\kappa = 0$ , we have

$$G_{\gamma,0,L}(r,r') = \gamma^{-1} \ln\left(\frac{L}{r'}\right) \quad \text{if } r < r',$$

$$G_{\gamma,0,L}(r,r') = \gamma^{-1} \ln\left(\frac{L}{r}\right) \quad \text{if } r > r';$$
(C8)

we observe that the boundary conditions are less demanding as the second derivative at r = L does not need to be continuous.



FIG. 9. Green's function  $G_{\gamma=1,\kappa=0,L=1}(r,r')$  as a function of *r* for values of *r'* equal to 0.05, 0.15, 0.25, 0.35, 0.45, 0.55, 0.65, 0.75, and 0.85.

If  $\gamma = 0$ , G becomes

$$G_{0,\kappa,L}(r,r') = \frac{L^2}{8} \left[ \left( 1 + \frac{r^2}{L^2} \right) \left( 1 - \frac{r'^2}{L^2} \right) + \left( \frac{r^2}{L^2} + \frac{r'^2}{L^2} \right) \ln \left( \frac{r'^2}{L^2} \right) \right] \quad \text{if } r < r',$$
(C9)

$$G_{0,\kappa,L}(r,r') = \frac{L^2}{8} \left[ \left( 1 - \frac{r^2}{L^2} \right) \left( 1 + \frac{r'^2}{L^2} \right) + \left( \frac{r^2}{L^2} + \frac{r'^2}{L^2} \right) \ln \left( \frac{r^2}{L^2} \right) \right] \quad \text{if } r > r'.$$

Figure 9 shows a set of  $G_{\gamma,0,L}(r,r')$  for evenly spaced values of  $r', L = 1, \kappa = 0$ , and  $\gamma = 1$ . The profiles are flat for r < r'and logarithmic for r > r'. As expected, the membrane profile can stand a nonvanishing slope near the rim r = L of the bubble, in a situation closely related to the well-known wetting profiles. Figure 10 shows a set of  $G_{0,\kappa,L}(r,r')$  for evenly spaced values of  $r', L = 1, \gamma = 0$ , and  $\kappa = 1$ .



FIG. 10. Green's function  $G_{\gamma=0,\kappa=1,L=1}(r,r')$  as a function of r for values of r' equal to 0.05, 0.15, 0.25, 0.35, 0.45, 0.55, 0.65, 0.75, and 0.85.

Whenever curvature is present, the second derivative (or Laplacian) of *G* with respect to *r* must exist. This implies that both G(r,r') and  $\partial_r G(r,r')$  vanish at r = L. Introducing the characteristic length scale  $\xi = \sqrt{\kappa/\gamma}$  and dimensionless space variables  $x = r/\xi$  and  $x' = r'/\xi$ , the Green's equation becomes

$$\left(\Delta_x^2 - \Delta_x\right) G_{\gamma,\kappa,L}(x\xi, x'\xi) = \frac{1}{\gamma} \frac{\delta(x-x')}{x}.$$
 (C10)

This suggests the following scaling expression for  $G_{\gamma,\kappa,L}(r,r')$ :

$$G_{\gamma,\kappa,L}(r,r') = \frac{1}{\gamma} \overline{G}_{L/\xi} \left( \frac{r}{\xi}, \frac{r'}{\xi} \right) = \frac{L^2}{\nu^2 T \overline{\kappa}} \overline{G}_{\nu} \left( \frac{r\nu}{L}, \frac{r'\nu}{L} \right),$$
(C11)

with  $\nu = L/\xi = \sqrt{\gamma L^2/\kappa}$ ,

$$\Delta_x(\Delta_x - 1)G_{\nu = L/\xi}(x, x') = \frac{\delta(x - x')}{x}, \quad (C12)$$

defining a family of  $\nu$ -dependent Green's functions. The factorized form of the differential operator gives a hint for finding the four linearly independent solutions of the fourth order linear differential equation; the first two are the constant and  $\ln(x)$ , and the other two are the modified Bessel functions  $K_0(x)$  and  $I_0(x)$ .  $\overline{G}(x,x') = \alpha(x') + \beta(x') \ln(x) + \gamma(x')K_0(x) + \delta(x')I_0(x)$  if x < x', and  $\overline{G}(x,x') = \alpha'(x') + \beta'(x') \ln(x) + \gamma'(x')K_0(x) + \delta'(x')I_0(x) + \delta'(x')I_0(x)$  if x > x'.

The boundary x = L provides two conditions,  $\overline{G}_{\nu}(\nu, x') = 0$  and  $\partial_x \overline{G}_{\nu}(x, x')|_{x=\nu} = 0$ , from which the  $\nu$  dependence explicitly originates. The boundary x = 0 is more subtle as 0 is a singular point of the differential equation. It is not possible to enforce independently  $\overline{G}_{\nu}(0, x')$  and  $\partial_x \overline{G}_{\nu}(0, x')$ . However, because  $\overline{G}_{\nu}$  is the radial part of a rotationally invariant solution, we must have  $\partial_x \overline{G}_{\nu}(x, x') = \partial^3_{xxx} \overline{G}_{\nu}(x, x')|_{x=0} = 0$ , giving another two conditions.

The continuity relation at x = x' implies  $\overline{G}_{\nu}(x,x')$ ,  $\partial_x \overline{G}_{\nu}(x,x')$ ,  $\partial_{xx}^2 \overline{G}_{\nu}(x,x')$  continuous at x = x' and  $\lim_{x\to(x'+)} \partial_{xxx}^3 \overline{G}_{\nu}(x,x') - \lim_{x\to(x'-)} \partial_{xxx}^3 \overline{G}_{\nu}(x,x') = 1/x'$ . Altogether, these eight conditions suffice for determining unambiguously  $\overline{G}_{\nu}$ . The result is

$$\begin{aligned} \overline{G}_{\nu}(x,x') &= \ln\left[\frac{\nu}{x'}\right] + \frac{I_0(x') - I_0(\nu)}{\nu I_1(\nu)} \\ &+ \frac{I_0(x)}{I_1(\nu)} \left\{\frac{1}{\nu} - [I_1(\nu)K_0(x') \\ &+ K_1(\nu)I_0(x')]\right\} \quad \text{if } x < x', \\ \overline{G}_{\nu}(x,x') &= \ln\left[\frac{\nu}{x}\right] + \frac{I_0(x) - I_0(\nu)}{\nu I_1(\nu)} \\ &+ \frac{I_0(x')}{I_1(\nu)} \left\{\frac{1}{\nu} - [I_1(\nu)K_0(x) \\ &+ K_1(\nu)I_0(x)]\right\} \quad \text{if } x > x'. \end{aligned}$$

We observe that  $\overline{G}_{\nu}(x,x') = \overline{G}_{\nu}(x',x)$ . In checking that this Green's function fulfills all the desired properties, it is useful to remember that  $I'_0(x) = I_1(x)$ ,  $K'_0(x) = -K_1(x)$ , and that  $I_0$  and  $K_0$  solve the modified Bessel equation  $x^2 f''(x) + x f'(x) - x^2 f(x) = 0$  and obey the Wronskian relation  $I_0(x)K_1(x) + I_1(x)K_0(x) = 1/x$ .



FIG. 11. Green's function  $G_{\gamma=1,\kappa=1,L=1}(r,r')$  as a function of r for values of r' equal to 0.05, 0.15, 0.25, 0.35, 0.45, 0.55, 0.65, 0.75, and 0.85.

When both curvature and tension are present, the curves depend continuously on  $\nu$  and interpolate smoothly between the two aforementioned cases  $\nu = 0$  and  $\nu = \infty$ , respectively. For instance, Fig. 11 presents the case  $\nu = 1$ .

# APPENDIX D: PROFILE WITH FIXED PATCH RADIUS L AND COMPARISON WITH SCALING RESULTS

#### 1. Profiles with fixed patch radius

In our presentation of the mechanical response of the membrane, we introduced the ratio  $v = L/\xi$ , which is related to the competition between curvature and tension. Because, in our numerical determination of the profile, *L* plays a prominent role at the expense of the surface energy *w*, we use *L* as our main length scale instead of  $R_g$ . As discussed in the first section, the precise shape of the bubble actually depends on three dimensionless parameters. Two of them were already introduced in the course of defining the Green's functions: *v* and  $\overline{\kappa}$ . The third one is provided by the ratio  $\mu = R_g/L$ . The free energy then reads

$$\mathcal{F} = \pi \overline{\kappa} T \int_{0}^{1} y \, dy \left\{ \nu^{2} [\nabla \overline{H}(y)]^{2} + [\Delta_{y} \overline{H}(y)]^{2} \right\} \\ + \mathcal{F}_{\text{chain}} + \frac{\overline{\kappa} T}{2} [\Delta_{y} \overline{H}(1)]^{2}, \tag{D1}$$

$$\mathcal{F}_{\text{chain}} = -2\pi \int_0^1 y \, dy \, \frac{\pi T}{2\overline{H}(0)^3} \Gamma\left(0, \frac{y^2}{4\mu^2}\right), \qquad (\text{D2})$$

and the profile  $\overline{H}_{\nu,\mu,\overline{k}}(x)$  resulting from the minimization is related to the true profile  $h_{\nu,\kappa,L,R_o}(r)$  by

$$h_{\gamma,\kappa,L,R_g}(r) = L\overline{H}_{\nu,\mu,\overline{\kappa}}\left(\frac{r}{L}\right). \tag{D3}$$

The height D of the bubble, the adhesion parameter w, and the pressure field p(r; D) are as follows:

$$D = L\overline{H}_{\nu,\mu,\overline{\kappa}}(0), \tag{D4}$$

$$w = \frac{\overline{\kappa}T}{2L^2} [\Delta_x \overline{H}_{\mu,\nu,\overline{\kappa}}(y)|_{y=1}]^2,$$
(D5)



FIG. 12. Test of the scaling relations at large  $\overline{\gamma}$ . The ratios  $\overline{H}(0)\mu^{-1}\overline{\gamma}^{1/4}$  (labeled "h"),  $0.1\mathcal{F}T^{-1}\overline{\gamma}^{-1/2}$  (labeled "0.1F"), and  $\overline{w}\mu^{-2}\overline{\gamma}^{-1/2}$  (labeled "w") must tend toward a constant at large  $\overline{\gamma}$ , which happens for  $\overline{\gamma} \ge 100$ .

$$p(r;D) = \frac{\pi T}{2L^3 \overline{H}_{\mu,\nu,\overline{\kappa}}(0)^3} \Gamma\left(0, \frac{r^2}{4L^2\mu^2}\right).$$
(D6)

## 2. Comparison with scaling results

We compare the output of our self-consistent calculations with the scaling predictions. In the curvature dominated regime, one has

$$\overline{H}(0) \simeq \mu^{1/2} \overline{\kappa}^{-1/4} = D/L, \qquad (D7)$$

$$\mathcal{F} \simeq T \overline{\kappa}^{1/2} \mu,$$
 (D8)

$$\overline{w} \simeq \mu^{3} \kappa^{1/2}.$$
 (D9)

In the tension dominated regime, the scaling behaviors are

**TT** (0)

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$$H(0) \simeq \mu \gamma^{-1/2}$$
, (D10)  
 $T = T^{-1/2}$  (D11)

$$\mu \simeq I \kappa^{2\gamma} \mu \nu \equiv I \gamma^{2\gamma}, \qquad (D11)$$

$$\overline{w} \simeq \mu^2 \overline{\gamma}^{1/2}. \tag{D12}$$

A test of these scaling relations is shown in Figs. 12 and 13.



FIG. 13. Test of the scaling relations at large  $\overline{\kappa}$ . The ratios  $10\overline{H}(0)\mu^{-1/2}\overline{\kappa}^{1/4}$  (labeled "10h"),  $0.1\mathcal{F}T^{-1}\mu^{-1}\overline{\kappa}^{-1/2}$  (labeled "0.1F"), and  $\overline{w}\mu^{-3}\overline{\kappa}^{-1/2}$  (labeled "w") should go to a constant value, as seen for  $\overline{\kappa}$  between 1 and 50.

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